



**OWHAOKO**  
B&D LANDS TRUST

**Owners Hīkoi**

**Friday 19th to Monday 22nd January 2024**

**Information Pack**

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## Owhaoko B&D Trust

### Hīkoi – 19th to 22nd January 2024

1. **Brief:** The Owhaoko B & D Trust is providing the opportunity for a group of Beneficial Owners and their whānau, and in particular the rangatahi to visit and walk the whenua that is otherwise closed for hunting or inaccessible due to weather extremes at other times of the year. This is the 10th annual wānanga event that will give the participants a chance to experience the beauty and rugged nature of the land. Participants will learn the history of their whenua first hand; and will also learn of the Trust's journey and plans. The Trust's office will take responsibility for applicant registrations and the Trusts' contractor will be responsible for the successful organisation and conduct of the Hīkoi.
2. **Programme:** The route for the hīkoi will be provided to all participants prior to departure.
3. **Participants:** It is planned to have a group of approximately 16 participants. **Age:** Will be limited to **14 years and over**. All minors (14-17yrs) must be accompanied by a parent or guardian who has signed the registration form. However, participation will be generally governed by the ability to walk over some very rugged and steep country. **Oversubscription:** The Owhaoko B & D Trustees reserve the right to give priority to those who have not been upon the land before and whom are Beneficial Owners or direct descendants.
4. **Guides & Safety Measures:** The whenua is rugged and isolated ranging from tussock and scrub lined valleys ascending into steep subalpine ranges. To maximise the participants wellbeing there will be at least 2 guides with outdoor skills and previous Hīkoi experience, who will be equipped with:
  - a. A means of external communications in case of an emergency.
  - b. 2 x UHF radios for leader and tail-end guide communications.
  - c. 2 x GPS Personal Locator Beacons (PLB) for use in case of emergencies.
  - d. First aid kit with 1 x Adult EpiPen.
  - e. Both guides are First Aid qualified and will carry a copy of, and be well-versed in, this Health and Safety Plan.
5. **Support Crew:** There will be a support team that will fly directly to the camping sites to prepare the accommodation, bedding and meals for your arrival. The team will be equipped with the means to communicate with the participating group and take care of all health and safety.
6. **Personal Safety:** It is important that the participants stay together and refer to their guides when in doubt. Do not wander away from the group, as it is easy to get disorientated, get lost and injure oneself. The Trust will endeavour to ensure the safe return of everyone, but cannot take responsibility for the actions of an individual who endangers themselves or others. **Stay with the group – DO NOT venture off on your own!**

**The act of signing the Participant Registration Form means that you have read this Information Pack – Health and Safety Risk Analysis Plan. The signed Registration Form means that you understand the risks and will take responsibility for your own personal safety, will not jeopardise the safety of the other Hīkoi participants and will follow the directions of the Trust hīkoi team leader at all times while on the whenua during the hīkoi.**

7. **Provided Resources:** In order to minimise bulk and weight the Trust will provide the following resources:
- Tents
  - Bedding: Sleeping bags with removable liners, bed-mats and pillows
  - All main meals
  - Cooking gear, cutlery and crockery
8. **Personal Resources:** (Tramping Gear and Camping Gear, Essentials List is attached for your information)

#### Tramping

- Daypack for your lunch, snack food, drink bottles and spare clothing
- Tramping boots or shoes
- Thermal clothing, beanie, gloves
- A spare set of clothes
- Water/windproof jacket
- Gaiters or long pants for protection against scrub spikes
- A small First Aid kit with an emergency reflective thermal wrap
- Any medication you may require during the hīkoi
- Your own cut lunch on Day 1
- 2 water bottles
- High-energy snack foods and drinks
- Torch with new & spare batteries
- Sunglasses, sunhat, sunscreen

#### In-camp

- A softshell bag to contain your gear
- Warm and cold weather clothing
- 2 towels
- Camp shoes & socks
- Toiletries
- Snack foods and energy drinks for tramping and night munchies.
- Torch with new and spare batteries

**9. Transport:** The Trust will provide the helicopter flights from Helisika's Poronui base, returning free of charge. Poronui is approx. 40km from Taupo at the end of Taharua Road, off the Taupo-Napier Highway (see map attached).

- You will need to organise your own transport to Helisika – Poronui base.
- Be at Helisika – Poronui base by 9.00am on Friday 19th January 2024.

**10. Arrival at Helisika:** Everyone is to:

- Place your camping gear onto the trolleys ready for loading.
- Keep your daypacks, tramping gear with you.
- Gather in carpark for a roll call, karakia, mihi whakatau, introductions.
- Go over this Information Pack – Health and Safety Risk Analysis Plan.

#### **Once that is complete we all need to:**

- Complete the Helisika Health and Safety declaration form.
- Listen to the pilot's instructions regarding safety around helicopters.

## Owhaoko B & D Lands Trust - Hīkoi 2024

### Health and Safety Risk Analysis Plan

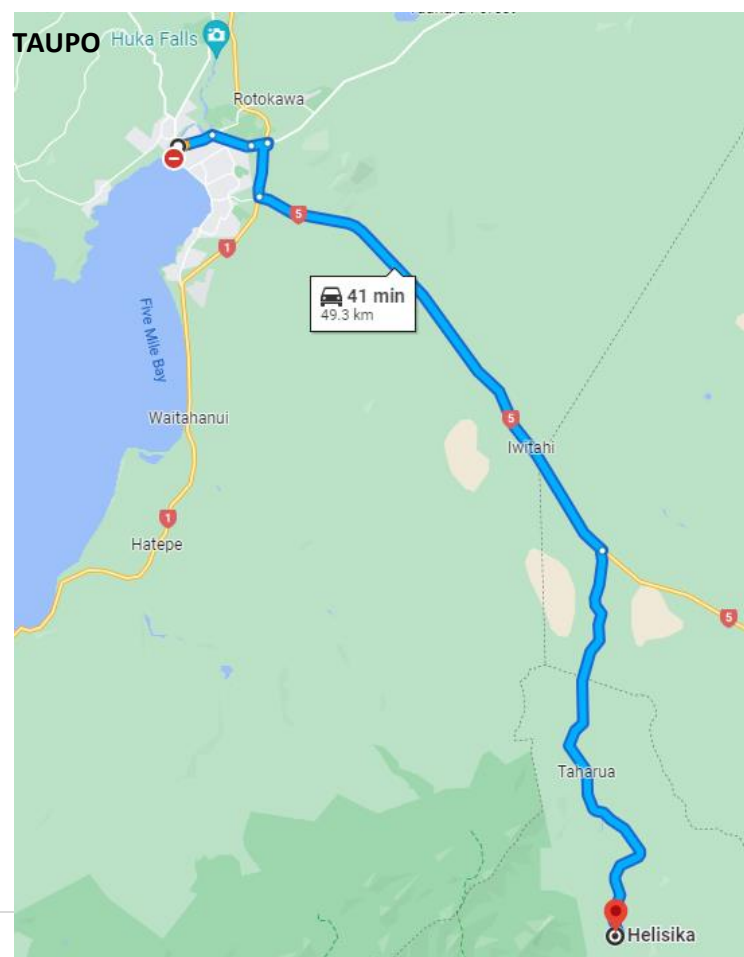
The Owhaoko B & D whenua is isolated and it can take 45-60 minutes for a helicopter to respond to an emergency, which can be extended further by weather and terrain conditions so it is imperative that we all do our part to avoid emergency situations. The purpose of this Health and Safety Risk Analysis Plan is to provide a means of achieving this end by identifying potential hazards, risks, results, prevention and treatment / actions. Please thoroughly read the plan below and advise any queries to the Trust office.

Potential Hazard	Risk	Effect	Prevention	Action in case of
Weather conditions	<ul style="list-style-type: none"> <li>• Sunburn</li> <li>• Dehydration</li> <li>• Exhaustion</li> <li>• Cramp</li> <li>• Hypothermia</li> <li>• Low visibility</li> </ul>	Minor to serious illness or loss of life	<ul style="list-style-type: none"> <li>• Apply sunblock</li> <li>• Wear suitable clothing</li> <li>• Hydrate prior to start and during the Hīkoi.</li> <li>• Eat Hi-energy snacks.</li> <li>• Regular checks of Hīkoi participants to be carried out by the Guides.</li> <li>• High-viz gear</li> </ul>	<ol style="list-style-type: none"> <li>1. Assess</li> <li>2. Apply treatment</li> <li>3. Able to continue – assist &amp; monitor</li> <li>4. Unable to continue - Leader to: <ul style="list-style-type: none"> <li>• Activate PLB</li> <li>• Call Helisika on satellite phone</li> <li>• Contact support crew at base</li> <li>• Attend to and ensure patient is as warm and comfortable as possible</li> <li>• Identify and prepare an area nearby for helicopter landing (mark to be seen from air)</li> <li>• Wait for arrival of rescuers</li> </ul> </li> </ol>
Rough and steep terrain Slippery	<ul style="list-style-type: none"> <li>• Trip</li> <li>• Slip</li> <li>• Fall</li> </ul>	Minor to serious injury or loss of life	<ul style="list-style-type: none"> <li>• Follow the team leader and listen to their instructions.</li> <li>• Maintain awareness of where you are stepping, at all times.</li> <li>• Look out for one another</li> <li>• Let leader know if you, or anyone is having problems</li> </ul>	As above

Wasps/bees	Stings	Painful welts, swelling and possible life threatening anaphylactic reaction	<ul style="list-style-type: none"> <li>• Medication if at risk</li> <li>• Maintain awareness of your surroundings.</li> <li>• Warn others if you see wasps / bees</li> </ul>	<p>First Aid kit to contain an adult EpiPen.</p> <p>As above</p>
Vegetation	Swinging branches Sharp twigs Thorns	Eye injury Cuts Scratches Painful skin abrasions	<ul style="list-style-type: none"> <li>• Keep a safe distance from the person in front when going through scrub and undergrowth</li> <li>• Be aware of the person behind you.</li> <li>• Wear sunglasses</li> <li>• Wear long sleeves, trousers or gaiters.</li> </ul>	As above
Fire	<ul style="list-style-type: none"> <li>• Burns</li> <li>• Destruction of assets</li> </ul>	<ul style="list-style-type: none"> <li>• Minor to serious injury or loss of life</li> <li>• May be liable for costs of fire control, injuries, loss of life, and damage to property</li> </ul>	<ul style="list-style-type: none"> <li>• No smoking on the property.</li> <li>• <b>No fires to be lit in open</b> unless in case of emergencies, <b>then</b></li> <li>• Ensure fires, cookers and lamps are correctly sited stable and secure</li> <li>• Clear all combustible materials away from fire-source before lighting</li> <li>• Ensure all fire sources are extinguished completely!</li> </ul>	<p>In case of burns: As above</p> <p>In case of a wildfire</p> <ul style="list-style-type: none"> <li>• Group to stay together</li> <li>• Guides to <ul style="list-style-type: none"> <li>○ Set off PLB &amp; contact helicopter operator via satellite phone to inform of situation and maintain communications as long as possible</li> <li>○ Assess direction of fire movement</li> <li>○ Cover nose and face with damp cloth</li> <li>○ Move toward area of least risk</li> <li>○ Find water or clearing with least combustible materials</li> <li>○ Keep together and wait for helicopter to arrive</li> </ul> </li> </ul>
Unfamiliar terrain	Disorientation	Lost with possible injuries or worse	<ul style="list-style-type: none"> <li>• Stay with team – <b>Do not venture out on your own!</b></li> <li>• Maintain awareness</li> <li>• Be aware of one another</li> </ul>	<ul style="list-style-type: none"> <li>• Find shelter</li> <li>• Stay warm and stay put</li> <li>• Listen for searchers</li> <li>• Provide a means (hi-viz hats provided) for searchers to identify your position more easily if able to</li> </ul>

Firearms	<ul style="list-style-type: none"> <li>No firearms are allowed on the Owner Hīkoi</li> </ul>
Helicopter transport	<ul style="list-style-type: none"> <li>Helisika to complete a Health and Safety Induction with all participants prior to the flight.</li> </ul>
No Smoking and No Drugs	<ul style="list-style-type: none"> <li>No recreational drugs are permitted at all.</li> <li>For the wellbeing of our whanau, the Trust is a supporter of Auahi Kore initiatives to help achieve a Smoke Free Aotearoa NZ. Participants are requested to not bring any tobacco or vaping products with them while on the whenua.</li> </ul>

### Map from Taupo to Helisika Base



#### Taupō

- ↑ Head east toward Spa Rd  
1.6 km
- ↗ Slight right onto Tauhara Rd  
1.8 km
- ↑ Continue onto Broadlands Rd  
750 m
- ↗ Turn right to merge onto Thermal Explorer Hwy/State Hwy 1/State Hwy 5 toward Airport/Napier/Palmerston N  
2.6 km
- ↻ At the roundabout, take the 1st exit and stay on Thermal Explorer Hwy/State Hwy 1/State Hwy 5 heading to Napier  
  - Continue to follow Thermal Explorer Hwy/State Hwy 5
22.7 km
- ↗ Turn right onto Taharua Rd  
19.8 km

#### Helisika

Poronui Station, Iwatahi, Taharua 3379