



OWHAOKO
B&D LANDS TRUST

Owners' Hikoi

11th to 14 January 2019

Information Pack

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Owhāoko B&D Trust

Hikoi 11th to 14th January 2019

1. **Brief:** The Owhāoko B and D Trust is providing the opportunity for a group of Beneficial Owners and their whānau, and in particular the rangatahi, to visit and walk the whenua that is otherwise closed for hunting or inaccessible due to weather extremes at other times of the year. This is the 5th annual waananga event that will give the participants a chance to experience the beauty and rugged nature of the land. Participants will learn the history of their whenua first hand; and of the Trust's journey and plans. The Trust has contracted **Raukowhai Development Trust** to take responsibility for the organisation and successful conduct of the Hikoi.
2. **Programme:** The Hikoi will involve tramping from Golden Hills (GH) to Ngamahanga via Te Apunga (Tin Kettle), where the party will stay for 2 nights before tramping over the Tawake Tohunga Range to Ngamahanga Hut on the 3rd day. A set of kmz files for Google Earth is available on request.
 - Day 1 – Fly in to old GH shepherds hut, walking up to the headwaters of the Taruarau River, crossing the northern Tawake Tohunga Range down into the Waingakia Valley to the Te Apunga/Tin Kettle Hut, overnight stay at hut; distance 9km - time 8hrs.
 - Day 2 – Rest day and waananga at Te Apunga with another overnight stay.
 - Day 3 – Walk from Te Apunga over the Tawake Tohunga Range and on to Ngamahanga; distance 9km – time 7hrs, OR with optional walk to MTB lookout distance 13km - time 10hrs. Evaluations after tea once settled in for the night.
 - Day 4 – Pack up and clean up ready for helicopter pickup from Ngamahanga with mihimihi / karakia whakaoti, before departure.
3. **Participants:** It is planned to have a maximum group of 16 participants including trustees with 4 guides and support personnel. **Age:** Will be limited to **14 years and over**, all minors (14-17yrs) must be accompanied by a parent or guardian who has signed the registration form. However, participation will be generally governed by the ability to walk over some very rugged and steep country. **Oversubscription:** The Owhāoko B & D Trustees reserve the right to give priority to those who have not been upon the land before and in particular, youth being Beneficial Owners or direct descendants.
4. **Guides & Safety Measures:** The whenua is rugged and isolated ranging from tussock and scrub lined valleys ascending into steep subalpine ranges. To maximise the participants wellbeing there will be at least 2 guides with outdoor skills and previous Hikoi experience, who will be equipped with:
 - a. A means of external communications in case of an emergency.
 - b. UHF radios x 2 for leader and tail-end guide communications.
 - c. GPS Personal Locator Beacons (PLB) x 2 for use in case of emergencies.
 - d. First aid kit with adult epi-pen x 1.
 - e. Both guides to be First Aid qualified and to carry a copy of, and be well-versed in, this Health and Safety Plan.

5. **Support Crew:** There will be a 2-person support team that will fly directly to the Huts to prepare the accommodation, bedding and meals for your arrival. The team will be equipped with the means to communicate with the participating group and take care of all health and safety.
6. **Personal Safety:** It is important that the participants stay together and refer to their guides when in doubt. Do not wonder off, away from the group, as it is easy to get disorientated, get lost and injure oneself. The Trust and its Contractor will endeavour to ensure the safe return of everyone, but cannot take responsibility for the actions of an individual who endangers themselves or others. Stay with the group – DO NOT venture off on your own!

The act of signing the Participant Registration Form means that you have read this Information Pack – Health and Safety Risk Analysis Plan. The signed Registration Form means that you understand the risks and will take responsibility for your own personal safety and will not jeopardise the safety of the other Hikoi participants.

7. **Provided Resources:** In order to minimise bulk and weight the contractor will provide the following resources:
 - Hi-viz Hikoi Owahaoko 18 hats
 - Accommodation
 - Te Apunga Hut accommodates 4 with 2 x bunks, with Ngamahanga 6 with 3 bunks (the older participants will have priority)
 - Tents: 1 x 6-9 and 4 x 2-4 person tents
 - Bedding: 12 each of sleeping bags with removable liners, bed-mats and pillows
 - Spare micro-fibre towels
 - Food: All main meals Day 1 dinner to Day 4 Brunch
 - Plastic cutlery and crockery
 - A set of kmz files for you to download on a computer to Google Earth to provide you with an indication of the nature terrain and tramping distances
8. **Personal Resources:** (Tramping and Camping Essentials List is attached for your information)

Tramping

- Daypack for your lunch, snack food, drink bottles and spare clothing
- Tramping boots or shoes
- Thermal under garments
- A set of summer gears
- Water/windproof jacket
- gaiters or long pants for protection against scrub spikes
- A small First Aid kit with an emergency reflective thermal wrap
- Any medication you may require

- Own cut lunch on Day 1
- 2 water bottles
- High-energy snack foods and drinks
- Torch with new batteries

In-camp

- A softshell bag to contain your gear
- Several sets of all-weather clothing
- 2 towels
- Camp shoes & socks
- Toiletries
- Snack food and energy drinks for tramping and night munchies.
- Spare Batteries

9. Transport: The Trust will provide the helicopter flights from Helisika's Poronui base, returning free of charge. Poronui is some 40km from Taupo at the end of Taharua Road, off the Taupo-Napier Highway (see map attached). For those travelling via Taupo, I will be at the Tauhara Road, Z Service Station, by Mitre 10 Mega at 6.30am from where we could depart as a group at 07.00am, otherwise everyone needs to:

- Organise their own transport to Helisika – Poronui base.
- Be at Helisika – Poronui base by 8.00am on the 11th January 2019.

10. Arrival at Helisika: Everyone is to:

- Stay out of the helicopter, loading, landing and hangar areas unless directed to do so by the pilot.
- Place their camping gear onto the trolleys ready for loading.
- Keep your daypacks, tramping gear with you.
- Gather in carpark for a roll call, mihimihi / karakia whakatau, introductions.
- Go over this Information Pack – Health and Safety Risk Analysis Plan.

Once that is complete we all need to:

- Complete the Helisika Health and Safety declaration form.
- Listen to the pilots instructions regarding safety around helicopters.

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Health and Safety Plan

The Owhaoko B & D whenua is isolated and it can take 45-60 minutes for a helicopter to respond to an emergency, which can be extended further by weather and terrain conditions so it is imperative that we all do our part to avoid emergency situations. The purpose of this Health and Safety Risk Analysis Plan is to provide a means of achieving this end by identifying potential hazards, risks, results, prevention and treatment / actions.

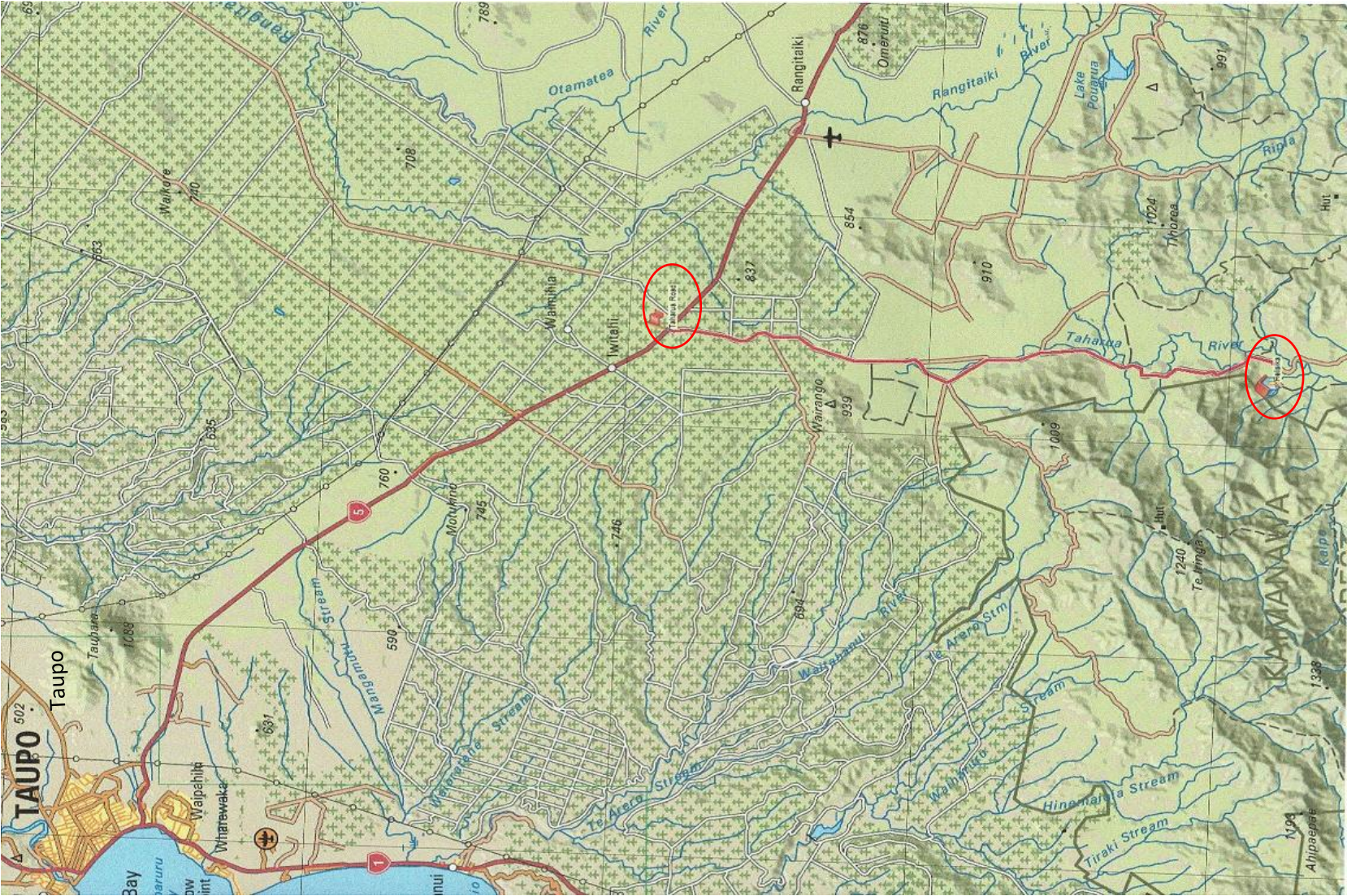
Potential Hazard	Risk	Effect	Prevention	Action in case of
Weather conditions	<ul style="list-style-type: none"> • Sunburn • Dehydration • Exhaustion • Cramp • Hypothermia 	Minor to serious illness or loss of life	<ul style="list-style-type: none"> • Apply sunblock • Wear suitable clothing • Hydrate prior to start and during the Hikoi. • Eat Hi-energy snacks. • <u>Regular checks of Hikoi participants to be carried out by the Guides.</u> 	<ol style="list-style-type: none"> 1. Assess 2. Apply treatment 3. Able to continue – assist & monitor 4. Unable to continue - Leader to: <ul style="list-style-type: none"> • Activate PLB • Call Helisika on satellite phone • Contact support crew at base • Attend to and ensure patient is as warm and comfortable as possible • Identify and prepare an area nearby for helicopter landing (mark to be seen from air) <p>Wait for arrival of rescuers</p>
Rough and steep terrain	<ul style="list-style-type: none"> • Trip • Slip • Fall 	Minor to serious injury or loss of life	<ul style="list-style-type: none"> • Follow the team leader and listen to their instructions. • Maintain awareness of where you are stepping, at all times. • Look out for one another • Let leader know if you, or anyone is having problems 	As above
Wasps/bees	Stings	Painful welts, swelling and	<ul style="list-style-type: none"> • Medication if at risk 	As above

		possible life threatening anaphylactic reaction	<ul style="list-style-type: none"> • Maintain awareness of your surroundings. • Warn others if you see wasps / bees 	
Vegetation	Swinging branches	Eye injury	<ul style="list-style-type: none"> • Keep a safe distance from the person in front when going through scrub and undergrowth • Be aware of the person behind you. • Wear Sunglasses 	As above
	Thorns	Painful skin abrasions	<ul style="list-style-type: none"> • Wear long sleeves, trousers or gaiters 	As above
Fire	<ul style="list-style-type: none"> • Burns • Destruction of assets 	<ul style="list-style-type: none"> • Minor to serious injury or loss of life • May be liable for costs of fire control, injuries, loss of life, and damage to property 	<ul style="list-style-type: none"> • No smoking on the property. • No fires to be lit in open unless in case of emergencies, then • Ensure fires, cookers and lamps are correctly sited stable and secure • Clear all combustible materials away from fire-source before lighting • Ensure all fire sources are extinguished completely! 	<p>In case of burns: As above</p> <p>In case of a wild-fire</p> <ul style="list-style-type: none"> • Group to stay together • Guides to <ul style="list-style-type: none"> ○ Set off PLB & contact helicopter operator via satellite phone to inform of situation and maintain communications as long as possible ○ Assess direction of fire movement ○ Cover nose and face with damp cloth ○ Move toward area of least risk ○ Find water or clearing with least combustible materials ○ Keep together and wait for helicopter to arrive
Unfamiliar terrain	Disorientation	Lost with possible injuries or worse	<ul style="list-style-type: none"> • Stay with team – Do not venture out on your own! • Maintain Awareness • Be aware of one another 	<ul style="list-style-type: none"> • Find shelter & stay warm and stay put • Listen for searchers • Provide a means (hi-viz hats provided) for searchers to identify your position more easily if able to

Other Safety Matters

Firearms	Firearms have been permitted on the past Hikoi for deerstalking, however firearms may only be: <ul style="list-style-type: none">• Brought by firearms licence holders with the organisers prior knowledge and• Sent with camp luggage in its case unloaded and bolt-less (safe) and not to be carried on the tramp sections and• Kept in this safe manner at all times while in-camp and• Used by or under the supervision of a licence holder in an area after informing everyone of where they will be hunting and• Hunters will carry the means to communicate back to base and PLB units
Alcohol	Alcohol has also been permitted to be brought on past Hikoi for in-camp consumption in moderation only – Thank you
Drugs	No recreational drugs are permitted at all.

Map of Taupo to Helisika Base





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Registration Form

<p>Name:</p> <p>Please use separate forms for each whanau member and minors (14-17 years) must be accompanied by a parent/guardian who shall sign on their behalf.</p>	<p>Emergency Contact Person</p> <p>Their phone/mobile no.</p>
<p>Address:</p>	<p>Have you had extended tramping wilderness experience recently?</p>
<p>Your Phone/mobile Nos:</p>	<p>Do you have any medical conditions we need to be aware of?</p>
<p>Email</p>	<p>What treatments or medicines do you have? (Please pack your medication)</p>
<p>Proof of beneficial ownership & Block No.</p>	<p>Do you have any special dietary requirements?</p>

By signing this registration form the participant acknowledges that there is a certain level of risk involved in taking part in the Hikoi and that the Owhaoko B & D Trust, through its Contractor – Te Rangi Hawira (Raukowhai Consultancy Services), has provided a Health and Safety Risk Analysis Plan and preventative measures to reduce the level of risk which the participant agrees to follow.

I (name of applicant) accepts responsibility for any action where I may put myself, or other participants at risk, and agree to absolve Owhaoko B & D Trust and its ‘Contractor – Te Rangi Hawira (Raukowhai Consultancy Services) of any responsibility for such actions.

Signature:

Date:

Please complete and sign the Hikoi 2019 Participant Registration Form and return to: **T. Hawira, 32 Mataroa Road, Taihape 4720** or scan and email to raukowhai@xtra.co.nz **Please keep a copy with the main Information Pack for your future reference and bring with you on the Hikoi. You can contact Te Rangi on: 06 388 0715 or mobile 027 752 8801.**